



"The Kosher Trip Planning Specialist"

Sample Menu – High School Trip

<p><u>Sunday Lunch (Boxed)</u></p> <p>Assorted Tuna & Egg Sandwiches Grilled Vegetable wraps Coleslaw Potato Salad Pickle Whole Fruit Bottled Water & Soda Brownie</p>	<p><u>Sunday Dinner</u></p> <p>Vegetable & Cheese Lasagne Macaroni and Cheese Eggplant Marinara Caesar Salad Garden Salad Speciality Salad Garlic Bread Fruit Platters Dessert - Ice Cream Sundae Bar</p>
<p><u>Monday Breakfast</u></p> <p>Scrambled Eggs 8 choices of cold Cereal Yogurt Bagels, Cream Cheese & Lox Assorted Fresh Fruit Breakfast Pastry Oatmeal Orange Juice Milk Coffee Tea</p>	<p><u>Monday Lunch (Boxed)</u></p> <p>Grilled Chicken Wraps Grilled Vegetable Wraps Sesame Noodle Salad Bagged Chips Pickle Whole Fruit Item Bottled Water & Soda Parve Cookie</p>
<p><u>Monday Dinner</u></p> <p>Turkey Schwarma Kefta Basmati Rice with saffron Israeli salad Hummus & Tahini Babaganoosh Eggplant salad with tomato Israeli pickles Pita Falafel Balls Fresh Fruit Salad Chocolate Cake</p>	<p><u>Tuesday Breakfast</u></p> <p>Scrambled Eggs 8 choices of cold Cereal Yogurt Bagels, Cream Cheese & Lox Assorted Fresh Fruit Breakfast Pastry Oatmeal Orange Juice Milk Coffee Tea</p>





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<u>Tuesday Lunch (boxed)</u>	<u>Tuesday Dinner</u>
Assorted Deli Sandwiches Vegetarian Option Coleslaw Potato Salad Pickle Whole Fruit Item Bottled Water & Soda Parve dessert Item	Sesame Chicken Stir fry Beef with vegetables Egg Rolls Tofu Stir Fry (Vegetarian) Vegetable Fried Rice Steamed Rice Garden Salad Fortune Cookies Parve Dessert

